



Celebrating 15 Years of Ali Stewart & Co

Annual Conference

The Martinsell Centre
Friday 5 July 2019



Deeper Insights, Posture & Purpose For Insights LPs and CPs

Conference Agenda:

9:30	Refreshments, relax, relate
10.00	Welcome and warm up (Ali Stewart)
10.05	Changing posture to positively impact society (Abi Wright)
10.30	Jung, Discovery and the 72 types (Ali Stewart)
11.15	Coffee time
11.30	Developing your growth mindset (Adam Tuffnell)
12.30	Lunch
13.30	Building character strengths as a practitioner (Andy Britnell)
14.45	Tea
15.00	Adapting and connecting like never before (Adam Tuffnell)
16.15	Wrap up and review (Ali Stewart)
16.30	Close



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The Speakers



Abi Wright

Posture Specialist and Founder of Inspiring Margot <https://www.inspiringmargot.com/>

Can good posture change society? Abi will discuss how changing your posture can result in you feeling more comfortable and confident in who you are, as well as having a positive impact on society. This is important for men and women at whatever age and stage you are!

Andy Britnell

The Curious Coach <https://andybritnell.co.uk/>

There will be some pre-work for this session. Andy will help us step into and focus on the strengths we need as Insights practitioners, as we go about building our businesses, both internally and externally. And appreciating the strengths in others will, at the same time, help them to shine.

Adam Tuffnell

Motivational Speaker, 'Leading from Within' <http://www.adamtuffnell.co.uk/>

Prepare! A colourful take on growth vs fixed mindset ... and how you develop the adaptability of your mind. Adam will challenge and support us to test and improve our ability to communicate and develop relationships, even in the toughest conditions.

Ali Stewart

Celebrating 15 years of 'Ali Stewart & Co, coaching you to achieve and grow'

Ali will celebrate the tools which have inspired her clients to develop their people. A discussion using the 72 type wheel, the magic and the drawbacks, and the profound shift that can happen when we go deeper into the types ... and align these with our posture and character strengths.